



4A SIC DISTRICT

CROSS COUNTRY MEET



Date: October 20, 2022

Location: Eagle Island State Park (165 Eagle Island Pkwy, Eagle, ID 83616)

Participating Schools: BK, Caldwell, Columbia, Emmett, Ridgevue, Skyview, Vallivue

Coaches Meeting: 12:00 (Covered Area) Eagle Island

Meet Times:

- 12:15 Gates open
- 1:30 JV Girls
- 2:15 JV Boys
- 3:00 Varsity Girls
- 3:45 Varsity Boys

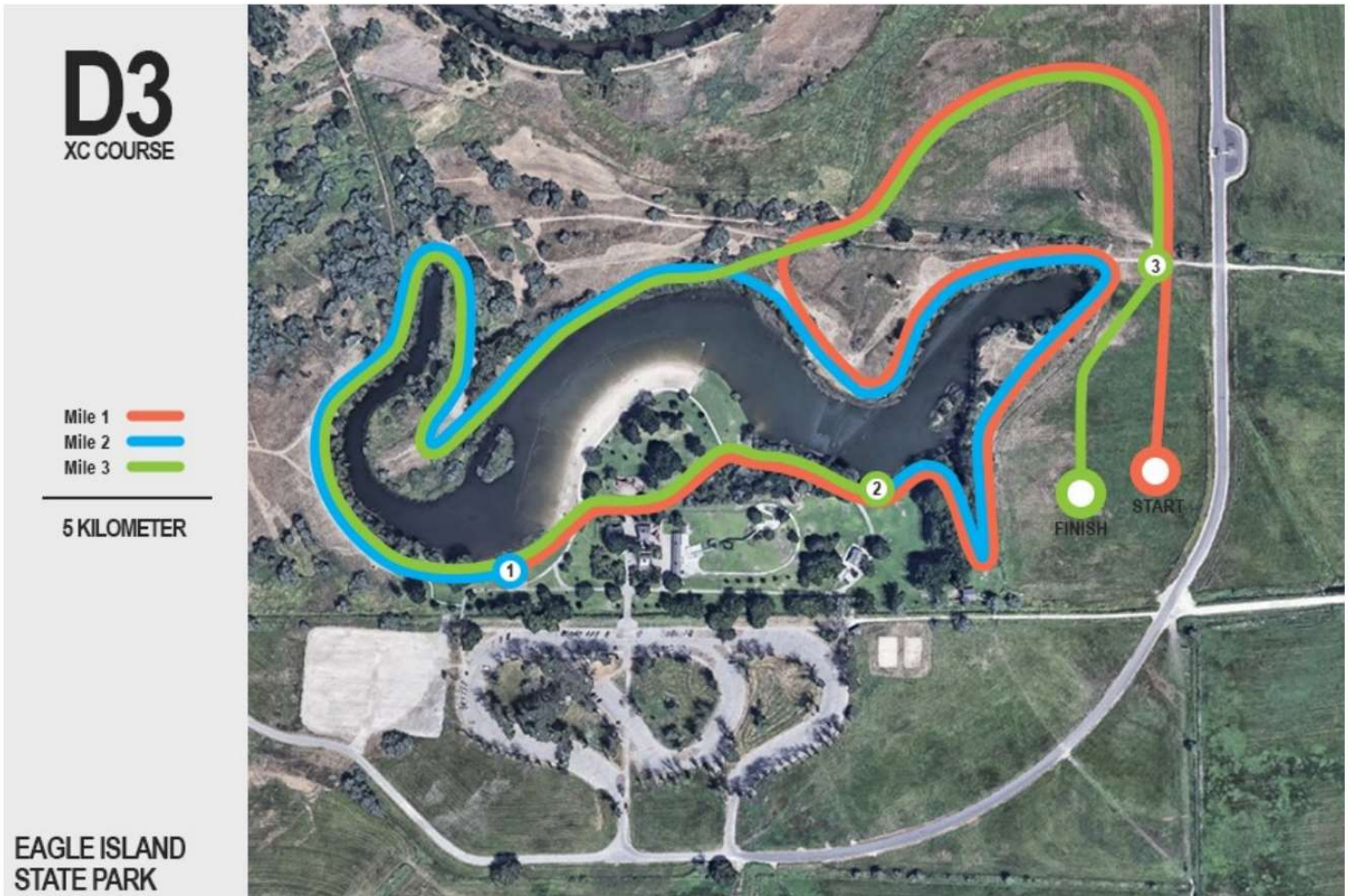
Awards: The Championship plaques will be presented to the District Champions immediately following the Championship Races. Medals and Shirts will be presented to athletes immediately following the final race.

Admission Prices:

Adults	\$6.00
Student without Activity Card	\$6.00
Student with Activity Card	\$4.00
Seniors and Elementary	\$3.00

Passes: IHSAA, UDI, and SIC Coaches passes only will be admitted without charge.

Questions/Host: Dane Pence / Ridgevue HS / dane.pence@vallivue.org
208-608-2554



Qualifying for State Cross Country

Qualifying as a Team: The number of teams that qualify to the state meet shall be determined by the following procedure:

1. Teams that finish in the top one-half, or major portion thereof, of the full teams that complete the district meet shall qualify for the state meet. If a tie exists in the final qualifying position, it will be broken according to NFHS rule 8-2.
2. If a school is unable to participate as a full team in the district meet due to circumstances beyond their control (e.g. 5th runner is injured, bus breaks down, etc.), that school can be included in the count that determines the number of qualifying teams provided they competed as a full team (at least five members) in six meets during the regular season.
3. If only two full teams compete at the district meet, the second place team may be eligible for an at-large berth to the state meet by the following procedure:

a. The second place school submits an at-large qualifying request with the district tournament manager's approval to the IHSAA by 8:00 a.m. Sunday prior to the state meet.

b. A panel, composed of representatives from each district, will determine which, if any, teams should qualify by evaluating: 1) head to head competition with teams from their district and surrounding districts; 2) time average for the team's top five runners from their final five meets of the regular season.

c. Teams that do not meet the district meet automatic qualification standards may appeal as an at-large by: 1) surpassing the average time for the state meet fourth place team over the past three years; 2) submitting the time average for the team for their final five meets of the regular season; 3) A panel, composed of representatives from each district, will determine if the team has met those standards.

Qualifying as an Individual: Runners whose team does not qualify, may qualify as individuals by finishing in the top one-third of the total number of competitors that complete the district meet. A maximum of seven runners per school shall be counted in determining the total number of competitors.

Hardship Qualifications: An individual may receive a hardship qualification to the state cross country meet if he/she meets #1 and #2 or #3 of the following criteria:

1. Finish in the top 1/3 at the last four meets prior to the district/regional meet.
2. Fail to finish in the top 1/3 at the district/regional meet because of a situation beyond their control (e.g., being fouled by a spectator).
3. Being unable to compete in the district/regional meet due to an injury or illness as certified by a licensed medical practitioner. The certification must specify that participation at the state meet is allowed.

Honest Effort: A runner who starts, but does not finish, the district meet, may be counted in determining the number of qualifying teams and individuals provided the meet manager determines that an honest effort was made and that the non-finish was due to circumstances beyond the runner's control.